



Wishing all our members strength, good health and happiness during the month of Ramdhaan

RAMDHAAN MUBAARAK

OUR NEXT MEETING

Please note, I will be away for most of the month of August. Very blessed by the Almighty to have the opportunity to be going to Europe for a wonderful holiday; so hence our next meeting will be the third Saturday in September.

Date: 18th September 2010
Time: 1:30 for 2:00
Venue: Lifestyle Lecture Hall
Speaker: Lynton Johnson
Topic: Spring gardens

WOW!
Summer at last!

Garden DIARY



- Give your lawnmower a service in readiness for spring.
- **Winter Feeding:** - Only feed plants that are *actively* growing or that are in season at the moment. The most important feeding that will be done this month will be for the roses once they have been pruned.
- Although watering is a low priority in winter, you can't stop watering altogether, especially winter flowering plants such as azalea, magnolias, camellias, winter seedlings and bulbs. Try and empty out your hose pipes of water, so that the water does not freeze in the hose. (as this will cause the pipe to crack).
- Water spring flowering bulbs and annuals regularly.
- If you have hydrangeas in the garden only cut back at the end of August to a fat healthy bud - taking care not to cut too much away, as you don't want to be cutting away the coming seasons growth. Fertilise Hydrangeas during July.
- Mid August is the time to cut back frost damaged plants. Still ensuring that your watering is after 9 am and before 4 pm.
- In addition to cutting back Fuchsias by one third; remove any weak framework leaving only healthy shoots. Prune pears plums, peaches, nectarines and apricots before the end of August.
- Sweet potatoes are far healthier than ordinary potatoes they contain a

great deal of fibre and are rich in vitamins A, C, and B6. At the end of August place some sweet potatoes in a box cover with damp soil and keep the box in a warm place until shoots start to appear. When the shoots are about 15cm each carefully pull the newly formed bulbs off the original sweet potato and plant, that easy... (plant new shoots between September/December in full sun and be sure to water regularly.



Lilium LA hybrids make great cut flowers and come in cream, yellow and pink.

Produced for the members of the **Lifestyle Islamic Garden Club**
Any comments or suggestions would be welcome contact:
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*Yours in
the garden*

Pam Groen